

SHEA-HEALTH SURVEY-2012

[These are all the survey items, organized here by central themes, that were used in systematic interviews with a representative sample of 1,200 Harris County residents, reached by telephone (70% landline and 30% cell phone) between 6 June and 17 July 2012. The findings will be made available to the general public in the fall of 2013.]

PERSONAL HEALTH STATUS AND WELL-BEING

OWNSTATE	In general, would you say that your overall state of physical health these days is excellent, very good, good, fair, or poor?
HEALTHNOW	Compared to a year ago, would you say that you're in much better physical health today, somewhat better, about the same, somewhat worse, or in much worse health than you were a year ago?
HAVEPROB	Do you have any physical health problems right now that prevent you from doing any of the things people your age normally can do?
MAINPROB	[IF "YES," ASK:] What's your most serious health problem today? [Open-ended]
MENTSTATE	Thinking back over the last 30 days, would you say that your overall state of mental health, including stress, depression, or emotional problems, has been excellent, very good, good, fair, or poor.

ENVIRONMENTAL RISKS

BIGPROB1	Great. Here's my first question: What would you say is the biggest problem facing people in the Houston area today? [Open-ended]
BIGPROB2	What else would you say is a serious problem facing people in the area? [Open-ended]

BADAIR	I'm going to list some items about living in the Houston area, and ask you to tell me whether you think they're excellent, good, fair, or poor. ... What about the quality of the air in the Houston area?
BADDRINK	... What about the quality of drinking water in the Houston area?
BADWATER	... What about the quality of the water in Houston's bayous and streams?
HOUSTON	... What about the Houston area in general as a place to live?
AIRFEAR	Here are some environmental issues. For each one, please tell me how concerned you are, if at all, about its effects on your family's health. Would you say that you're very concerned, somewhat concerned, not very concerned, or not at all concerned? ... What about air pollution from industry?

- SMOKEFEAR ... What about fumes and smoke from cars and trucks?
- TOXICFEAR ... What about toxic wastes leaking into our streams and bayous?
- MOSQFEAR ... What about standing water that can breed mosquitoes in your neighborhood?

NEIGHBORHOOD CHARACTERISTICS

- SIDEWALKS Here are some statements about neighborhood characteristics. As I read each one, please tell me if you agree or disagree with the statement, in terms of how well it describes your own neighborhood. (If “agree,” ask: Is that strongly or slightly agree?) (If “disagree,” ask: Is that strongly or slightly disagree?)
- ... My neighborhood has plenty of safe and well-connected sidewalks.
- HOODACTIV ... I often see other people being physically active (such as walking, jogging, bicycling, playing sports) in my neighborhood.
- KEEPSAFE ... You can count on the adults in this neighborhood to help make sure that children are safe and do not get into trouble.
- EASYTRAN ... I have easy access to public transit, such as bus or light rail, in my neighborhood.
- GETALONG ... People in my neighborhood generally get along well with each other.
- SAFEHERE ... I feel safe walking in my neighborhood after dark.

GREEN SPACES AND PHYSICAL ACTIVITIES

- TRAILHERE Is there a hike and bike trail within a mile or so of your home?
- PARKHERE Is there a park or play area within a mile or so of your home?
- USEDPARK During the past 12 months, how often, if at all, did you visit a park or playground?
- USETRAIL During the past 12 months, how often, if at all, did you visit any of Houston’s bayous or hike and bike trails, whether for exercise or recreation, or for commuting to work?
- RIDETRAN During the past 12 months, how often, if at all, did you ride on Houston’s mass transit, such as bus or light rail, to get where you wanted to go?
- SHOPSHERE Are there shops or restaurants within easy walking distance of your home?
- ACTIVENUF How satisfied are you with the amount of physical activity you’re generally getting these days? Would you say that you’re very satisfied, somewhat satisfied, not very satisfied, or not at all satisfied?
- WHYINACT [IF “NOT VERY” OR “NOT AT ALL SATISFIED,” ASK:] What’s the most important reason that keeps you from getting the amount of exercise that you would like? [Open-ended]

SWEATED	During the past 30 days, how many times, if at all, did you engage in enough vigorous activity (through sports or exercise) to work up a sweat?
WEIGHTOK	How satisfied are you with your current weight? Would you say that you're very satisfied, somewhat satisfied, not very satisfied, or not at all satisfied?
WTISSUES	Do you have any health issues right now that are affected by your current body weight?
SMOKED	During the past 30 days, how often, if at all, did you smoke cigarettes or use any other tobacco-related products?
WATERFEES	What about making the water quality in all of Houston's streams and bayous safe for boating or fishing, even if it means an increase in the fees that people pay? Would you strongly favor, slightly favor, slightly oppose, or strongly oppose?

WELLNESS	[IF R IS WORKING, ASK:] Does your workplace offer any kinds of activities that are designed to keep employees healthy?
USEWORK	[IF "YES," ASK:] During the past 12 months, how often, if at all, did you participate in activities of this sort at your workplace?

ACCESS TO HEALTHY FOODS

EASYFOOD	As I read each one, please tell me if you agree or disagree with the statement, in terms of how well it describes your own neighborhood. (If "agree," ask: Is that <u>strongly</u> or <u>slightly</u> agree?) (If "disagree," ask: Is that <u>strongly</u> or <u>slightly</u> disagree?) ... I have easy access to fresh fruit and vegetables in my neighborhood.
SUGARTAX	For each of these public issues, please tell me if you would strongly favor, slightly favor, slightly oppose, or strongly oppose a policy of that sort.... What about adding a tax on sugary sodas and drinks to help fight obesity?
GOODSNAX	What about requiring schools to provide only healthy snacks and juices in their vending machines, instead of sugary, high-fat foods? Would you strongly favor, slightly favor, slightly oppose, or strongly oppose?

ACCESS TO HEALTH CARE

MYCARE	What about the quality of health care available to you in the Houston area? Would you say excellent, good, fair, or poor?
SAWMEDIC	During the past 12 months, did you or anyone in your household visit a health care provider for medical treatment?
WENT4CARE	[IF "YES," ASK:] Where did you go for that medical treatment? Was it in a clinic, a doctor's office, a hospital emergency room, or some other place? [IF MORE THAN ONE PLACE: Where did you go most often?] [DO NOT READ LIST.]

GO4CHECK1	Is that the same place you usually go to when you need routine or preventive care, such as a regular physical exam or check-up?
USUALPLA	[IF “NO” OR “DK/RF” (SAWMEDIC), ASK:] Is there a particular place where you usually go when you’re sick or in need of health care?
GO4CARE	[IF “YES,” ASK:] What kind of place is it – a clinic, doctor’s office, hospital emergency room, or some other place? [IF MORE THAN ONE PLACE: Where do you go most often?] [DO NOT READ LIST.]
GO4CHECK2	Is that the same place you usually go to when you need routine or preventive care, such as a regular physical exam or check-up?

NEEDCARE	During the past 12 months, has there been a time when you thought you or someone in your household needed medical care but were not able to get it?
WHYNO CARE	[IF “YES,” ASK:] What was the main reason for your not being able to get the medical care you needed? [Open-ended]
ALTMEDIC	During the past 12 months, did you use any non-conventional medical treatment, such as herbal remedies, acupuncture or traditional healers, instead of or in addition to conventional western medicine?
WHATAALT	[IF “YES,” ASK:] What sort of medical treatment was it? [Open-ended]

HAVINSUR	Are you currently covered by any type of health insurance or health care plan?
WHATINSUR	[IF “YES”:] What is your primary source of health insurance or health care coverage? Is it through an employer, purchased directly from an insurance company, through a government program such as Medicare or Medicaid, or a military/veteran program, the Gold Card, or something else (<u>specify</u>)?

HEALTH DISPARITIES

CARE4ALL	What about ensuring access to affordable health care for all Houstonians? Would you say strongly favor, slight favor, slightly oppose, or strongly oppose?
MEDITAX	What about improving access to affordable health care for less-affluent Houstonians, even if it means raising taxes?
BUYFOOD	How serious a problem has it been for you in the past year to pay for the groceries you need to feed your family? Has that been a very serious problem, somewhat serious, or not much of a problem during the past year?
BYEATACT	I’m going to list some items, and ask you to tell me how much you think a person’s health is determined by each of them? Using a scale from 1 to 10, where 1 means you think it has “very little effect” and 10 means you think it has a “very strong effect,”

	... How much do you think a person's overall health is determined by what that person eats and how much physical activity that person gets?
BYPOLLUT	... How much is a person's health affected by that person's exposure to air and water pollution?
BYSOCIAL	... How much by the amount of friendship or social support a person experiences at work, in families, faith communities, or neighborhoods?
BYINCOME	... How much by a person's level of income?
BYSTRESS	... How much by the amount of stress a person experiences?
BYGENES	... How much by a person's genetic makeup (what that person inherited from parents)?
BYRACISM	... How much by a person's experience with racial or ethnic discrimination?

FAMILY CIRCUMSTANCES

FAMSIZE	Counting yourself, how many people in all live in your household?
MARRIAGE	Are you married, in a domestic partnership, separated, divorced, widowed, or have you never been married?
ANYCHILD	Do you have any children?
NCHLDN	[If "yes":] How many children do you have?
CHLDHOME	How many of them are living at home and under the age of 18?
YNGCHLDN	How many of your children are under the age of six?
HELPOLD	Are you or anyone in your household currently providing regular help to an elderly family member or friend, such as help with transportation or personal care?
HELPOFTEN	[IF "YES," ASK:] How often do you or a family member provide help of that sort to an elderly person?

ASK IF R HAS A CHILD AT HOME UNDER THE AGE OF 18 (CHLDHOME)

TAKECHLD	Is there a particular place that you usually take your child when (he/she) is sick or you need advice about (his/her) health?
CHLDSICK	[IF "YES," ASK:] What kind of place is it? [IF "MORE THAN ONE," ASK:] Where does your child go to most often? Is it a clinic, doctor's office, hospital emergency room, or some other place?
CHLDEXAM	Is that the same place you usually take your child when [he/she] needs routine or preventive care, such as a regular physical exam or check-up?

SCHLFOOD	How satisfied are you with the quality of food being offered in the school your child attends?

BADFOOD	[IF “NOT VERY” OR “NOT AT ALL SATISFIED,” ASK:] What is it about the food being offered at your child’s school that you’re unhappy with? [Open-ended]
TALKSCHL	Have you talked to anybody at the school about your concerns?

CHLDOUT	[IF R HAS A CHILD UNDER SIX (YNGCHLDN), ASK: (NOTE: IF MORE THAN ONE, ASK ABOUT THE OLDEST CHILD UNDER AGE SIX):] About how much time, if at all, does your child spend playing outside on a typical day during the week?
CHLDSAFE	[IF THE CHILD PLAYS OUTSIDE ON A TYPICAL DAY (CHLDOUT), ASK:] How much do you worry about safety when your child plays outside?

SOCIOECONOMIC STATUS

EDUC	What is the highest grade of school or year of college that you’ve completed? Open-ended: Coded into nine categories.
WORKING	Are you working full-time, part-time, going to school, managing the house, or something else? Coded into eight categories.
OCCUP	If R is working full- or part-time (WORKING): What type of work do you do? [If more than one job:] Please describe the one at which you work the most hours. [PROBE: What is your job called? What are your main activities on the job?] Open-ended.
SELFINC8	If R is working full- or part-time (WORKING): Which of the following income categories includes the total salary you personally earned from all jobs during [the past year]? Please stop me when I reach the correct category. Eight categories (from “less than \$12,500” to “more than \$100,000”).
INCOME9	Please stop me when I reach the income category that includes your total household income in 2011; that is, the income for all members of the household during the past year. Coded into nine categories (“less than \$12,500” to “more than \$150,000”).
OWNRENT	Do you own or rent the place where you live?

MIGRATION PATTERNS

HOWLONG	How many years have you lived in the Houston area? Open-ended.
YRSHERE	And how long have you lived at your current address?
CHLDPLA2	Where did you live when you were growing up (i.e., when you were 16 years old)? [If R says, “Mexico,” ask:] Which state is that? Open-ended.
LASTPLA2	Where did you live just before coming to the Houston area? (In what city and state, or country?) [If R says, “Mexico,” ask:] Which state is that? Open-ended.

SELFBORN	Were you born in the United States?
SELFHOME	If “no” (SELFBORN): What is your country of origin? Open-ended.
YRSINUS	If “no” (SELFBORN): How many years have you lived in the U.S.? Open-ended.
PARSBORN	Were both of your parents born in the United States?
CITIZEN	If “no” (SELFBORN): Are you an American citizen?
COUNTY	First, just to be sure, do you live in Harris County?
ZIPCODE	What is your home ZIP code? Open-ended.
NUMBER	To learn more about the people living in your area, we would like to ask for your home address. This information is absolutely confidential, we will not use it to contact anyone at your residence, and no one will ever see it. Please give me your home address, beginning with the house number.
STREET	And what is the name of the street? (Can you spell that for me?)
TOWN	In what city or town do you live?

RELIGION AND POLITICS

RELIG1	What is your religious preference, if any? (Is it Protestant, Catholic, Jewish, some other religion, or no religion?) Open-ended: Five categories.
CHURCH	In the past thirty days, did you attend a religious service, other than a wedding or funeral?
PARTY	Would you call yourself a Republican, a Democrat, an Independent, or something else?
LEANING	If R does not name either major party (PARTY): Do you think of yourself as closer to the Republican Party or to the Democratic Party?

OTHER PERSONAL ATTRIBUTES

AGE	How old were you on your last birthday?
GENDER	Gender of the respondent, recorded by the interviewer.
ETHGROUP	Are you Anglo, Black, Hispanic, Asian, or of some other (specify) ethnic background? [If R names more than one ethnicity, ask:] Which ethnic group do you generally identify with?
LINGO	Language of the interview: English or Spanish.
ANYENGL	If the interview is in Spanish (LINGO1): Do you speak any English?
TALKENGL	If “yes” (ANYENGL): Would you say that you speak English very well, fairly well, or only a little?
ANYSPAN	If the interview is in English (LINGO1): Do you speak any Spanish?

TALKSPAN If “yes” (ANYSPAN): Would you say that you speak Spanish very well, fairly well, or only a little?

THE INTERVIEW.

INTETH The ethnicity of the interviewer.
INTGEN The gender of the interviewer.
LANDCELL Landline phone or cell phone.
DATE Date of the interview.
DURATION Length of the interview.
