



CAN DO Houston

Mission:

CAN DO is working to prevent and diminish childhood obesity in Houston and surrounding communities through physical activity, nutrition, and healthy minds by enabling the broadest collaborating of individuals, institutions, and organizations.

Examples of their activities include teaching healthy lifestyle classes (food preparation, nutrition and physical activity), classes on leadership and advocacy, establishing community and school gardens, setting up healthy corner stores, improving access to safe places to play, promoting complete streets, facilitating classes on parenting and wellness, and supporting the efforts of other organizations with similar missions.

Visit their various pages to learn more:

[Website](http://www.candohouston.org) - www.candohouston.org

[Facebook](https://www.facebook.com/CANDOHouston) - <https://www.facebook.com/CANDOHouston>

[Twitter](https://twitter.com/candohouston) - <https://twitter.com/candohouston>

[Instagram](https://www.instagram.com/candohouston/?hl=en) - <https://www.instagram.com/candohouston/?hl=en>

Point of Contact:

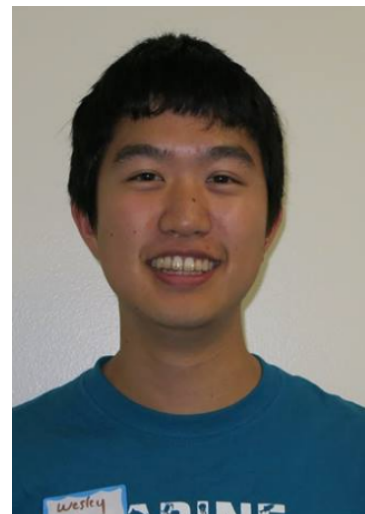
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Address:

CAN DO Houston
Community Family Centers
7524 Avenue E
Houston, TX 77012

Current Student:

Fellow, Wesley Chou, is currently working with CAN DO to study the effects of housing on health outcomes in the Fifth Ward. Wesley has also been looking at legislation regarding gentrification in other cities to better help inform Fifth Ward residents on possible options they can take to local officials. He is also helping out with local food fairs in the neighborhood and has been attending an exercise class, hosted by CAN DO but led by locals.



Past Students and Projects:

Fellowship Year	Names	Project Titles
2013-2014	Allyson Bremer	<i>Creating Sustainable Promotion for CAN DO Houston</i>
	Katherine Cai	
	Alyssa Lang	<i>Strengthening Confidence of Let's Move in Magnolia</i>
	Robin Vest	
2014-2015	Kayla Hatchell	<i>Assessing the Effectiveness of CAN DO Houston Programs: A Literature Review</i>
	Alice Jiang	
	Rebecca Loftis	
2015-2016	Anna Klineberg	<i>Healthy Lifestyle Program: Promoting Physical Activity and Healthy Eating within Low-Income Communities of Houston</i>
	Akhil Surapaneni	
	Courtney Wang	<i>Strategies for Growing Nutritional Knowledge</i>

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